

annapurna base camp trek



trip highlights

Revel in breathtaking vistas trekking amongst the Annapurna Range

Enjoy a fully supported camping based trek, with three hearty meals prepared by our cooks

Immerse yourself in Nepali life as you trek through Gurung Villages

Journey into the heart of the Annapurna Sanctuary for sublime panoramic views

Experience two spectacular Himalayan mountain flights between Kathmandu and Pokhara

Explore the Hindu shrine of Pashupatinath and the giant Buddhist stupa at Boudhanath in Kathmandu



Trip Duration	16 days	Trip Code: ABC
Grade	Introductory to Moderate	
Activities	Trekking	
Summary	16 day trip, 12 day trek, 3 nights hotels, 1 night private eco campsite, 11 nights wilderness camping	

welcome to World Expeditions

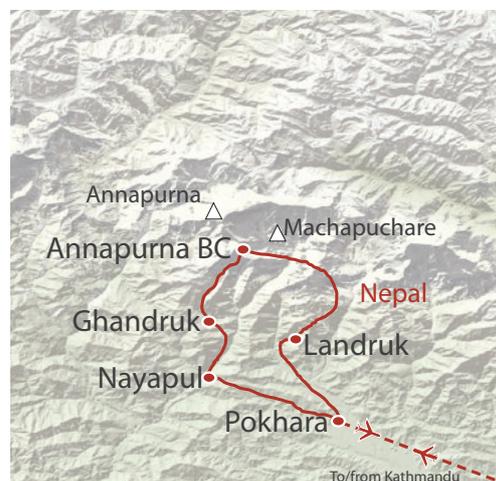
Thank you for your interest in our Annapurna Base Camp Trek trip. At World Expeditions we are passionate about our off the beaten track experiences as they provide our travellers with the thrill of coming face to face with untouched cultures as well as wilderness regions of great natural beauty. We are committed to ensuring that our unique itineraries are well researched, affordable and tailored for the enjoyment of small groups or individuals - philosophies that have been at our core since 1975 when we began operating adventure holidays. Our itineraries will give you the very best travel experience, designed by people with incredible local knowledge who share our vision of authentic exchange and real exploration with a responsible tourism approach. Whether you like your adventures to include trekking, touring, cycling, mountaineering, kayaking or cruising World Expeditions can make it happen for you. We hope you will join us for a life changing experience!!

why travel with World Expeditions?

When planning travel to a remote and challenging destination, many factors need to be considered. World Expeditions have been pioneering treks in Nepal since 1975. Our extra attention to detail and seamless operations on the ground ensure that you will have a memorable trekking experience in the Himalaya. Every trek is accompanied by an experienced local leader who is highly trained in remote first aid, as well as knowledgeable crew that share a passion for the region in which they work, and a desire to share it with you. We take every precaution to ensure smooth logistics. We use an excellent 4 star hotel in Kathmandu and well maintained, good quality camping equipment on trek. For your convenience and health we supply all meals on trek, whilst maintaining the highest standards of hygiene and our cooks will surprise you with a varied menu. Most importantly, our adventures have always sought to benefit the local peoples we interact with, safeguard the ecosystems we explore and contribute to the sustainability of travel in the regions we experience.

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trip cost

Joining Kathmandu from:	\$2099
All prices are per person	

options & supplements

Hotel Only Single Supplement:	\$130
Tent Only Single Supplement:	\$210
Single Supplement:	\$340

World Expeditions does not require single travellers to pay a surcharge for travelling alone. We will arrange for you to share accommodation with another traveller of the same gender and if we can not match you up we will provide a single room at no extra charge. If you prefer not to share a single supplement is payable to guarantee your own room. The cost of the single supplement is listed above.

For competitive airfares and stopover ideas to join this adventure, contact our expert staff today to receive a detailed quote.

just4u

Want a private trip?

Book this trip as a private departure just for you and your group on your chosen date. Contact us for conditions, costs and availability.

inclusions valued at USD\$:

Meals:	USD\$600
Internal Flights:	USD\$266

the trip

Annapurna is the 10th highest peak in the world. It was the first 8000 metre peak ever summited, in June 1950 by a French expedition led by Maurice Herzog. The tale of this epic climb is told in one of the most fascinating narrations of mountaineering adventure in the book 'Annapurna' also written by Maurice Herzog. Our trek to Annapurna Base Camp is by comparison a far more tame proposition, however the big mountain views are still the same as we ascend through villages and terraced farmland to the alpine environments found at the higher elevations around base camp. This is a stunning trek in the heart of the Annapurna range.

at a glance

DAY 1	ARRIVE IN KATHMANDU (1330M).
DAY 2	HALF DAY SIGHTSEEING TOUR. REST OF DAY AT LEISURE.
DAY 3	FLY TO POKHARA, COMMENCE TREK TO AUSTRALIA CAMP (1990M) - WALK APPROX 2 HOURS
DAY 4	TO LANDRUK (1640M) - WALK APPROX. 5 HOURS
DAY 5	TREK TO CHHOMRONG (2170M) 6-7 HOURS
DAY 6	TREK TO BAMBOO (2310M), WALK APPROX 4 HOURS
DAY 7	TREK TO DEURALI (3200M), WALK APPROX 5/6 HOURS
DAY 8	MACHAPUCHARE BASE CAMP (3900M), WALK APPROX. 3-4 HOURS
DAY 9	ANNAPURNA SOUTH BASE CAMP (4131M), WALK APPROX. 2/3 HOURS
DAY 10	REST DAY, SIDE WALKS
DAY 11	RETURN TO DEURALI (3200M), WALK APPROX. 3-4 HOURS
DAY 12	TO CHHOMRONG (2170M), WALK APPROX. 5-6 HOURS
DAY 13	TO GHANDRUK (1740M), WALK APPROX. 5-6 HOURS
DAY 14	TREK TO NAYAPUL AND DRIVE POKHARA, WALK APPROX. 4 HOURS, DRIVE 2 HOURS
DAY 15	FLY POKHARA TO KATHMANDU
DAY 16	TRIP CONCLUDES KATHMANDU.

what's included

- 15 breakfasts, 12 lunches and 12 dinners, including all meals on trek valued at US\$600
- Flight Kathmandu/Pokhara return valued at US\$266
- Airport transfers if arriving on day 1 and 16 or if you booked pre/post tour accommodation at the Radisson through World Expeditions
- Expert bilingual guide
- Group medical kit
- Good quality accommodation in Kathmandu on a twinshare basis
- Accommodation in our fully serviced wilderness campsites or private eco campsites
- The use of a World Expeditions trek pack including sleeping bag, down or fibre filled jacket and insulated mat valued at \$500
- Souvenir World Expeditions kit bag
- Private vehicle transportation
- All park entrance fees and trekking permits and site entry fees
- Porters to carry all personal and group equipment and porter's insurance
- Half day sightseeing in Kathmandu

Local cash payments are becoming increasingly popular with many operators in the adventure travel industry. The policy seems to benefit the tour operators, more than the local economies or travellers, as it avoids local taxes and transfers the cost and risk of cash handling to travellers. In accordance with our Responsible Travel practices we have chosen a policy not to ask for such payments.



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meals on trek :

Unlike most companies, World Expeditions includes a full meal service as part of the trip price. We believe in the value of providing you with a full service trek which is to lower the risks to you and to ensure you stay healthy, travel safely and with maximum enjoyment. The cost of meals in tea houses and lodges in the main trekking areas is not cheap, the choices are often limited and a lot of the food is fried. By joining one of our camping treks you'll have a full time personal cook and assistant on hand to prepare a creative menu using almost all fresh ingredients and carefully managing the food preparation and hygiene standards that would otherwise cost you \$45 a day or more. Many of our trekkers write to us to compliment the food they received on trek which is testimony to the quality of our fully serviced treks.

Every day is different but here is a sample of one days menu on the trail:

Breakfast

Tea, coffee served in your tent, hot chocolate, porridge or a grain cereal, toast with spreads, eggs (fried, omelet or boiled) and fried tomatoes, boiled water

Lunch

Lemon drink, tomato, cucumber and carrot salad, cheese and gherkins, chapatis, pizza, canned tuna & meats, fresh oranges and bananas, boiled water

Dinner

Creamed corn soup, steamed vegetables, steamed rice, fried chicken, daal, spaghetti, chocolate cake, fresh apples, tea, coffee or hot chocolate, boiled water

trip dates

2019 10 Mar - 25 Mar
31 Mar - 15 Apr
14 Apr - 29 Apr
05 Oct - 20 Oct
27 Oct - 11 Nov

2020 08 Mar - 23 Mar
29 Mar - 13 Apr
12 Apr - 27 Apr
27 Sep - 12 Oct
25 Oct - 09 Nov

what's not included

- Lunch & dinner in Kathmandu
- Bottled water, aerated & alcoholic drinks
- Items of a personal nature such as phone calls, laundry, etc
- Tips
- International flights
- Airport and departure taxes
- Visa
- Travel Insurance

detailed itinerary

DAY 1 Arrive in Kathmandu (1330m).

You will be met by a representative of World Expeditions and transferred to the Radisson hotel. The remainder of the afternoon is at leisure. A pre-trek briefing will be given around 5pm where arrangements will be made for the distribution of your kit bag, sleeping bag and down jacket. Evening drinks are held in the hotel for all World Expeditions clients arriving today. Drinks and snacks will generally be served from 6:30 pm until 7:15pm, and this is a great opportunity to get acquainted with your fellow group members before heading out to dinner.

meals: NIL

DAY 2 Half Day Sightseeing Tour. Rest of day at leisure.

This morning a sightseeing tour takes in the key attractions in and around Kathmandu. We will visit Pashupatinath and Boudhanath, returning to the hotel by 2pm. In the afternoon you may have time to explore Swayambhunath, Durbar Square, Patan or Bhaktapur, and the lesser-known towns that dot the valley on foot, by bicycle or trishaw. The area has an amazing range of fascinating highlights, whatever your interest. Excellent bookshops, extensive markets, and novelty and handicraft shops contrast with fantastic centres of cultural and spiritual significance - Kathmandu has more World Heritage sites than any other city in the world.

meals: B

DAY 3 Fly to Pokhara, commence trek to Australia camp (1990m) - walk approx 2 hours

This morning we take a flight west to Pokhara, Nepal's second largest town (820 m). On arrival you are greeted with sights of the entire Annapurna Range. The drive to the roadhead at Khande takes around 1.5 - 2 hours. Our trail then winds uphill through terraced fields and mixed oak and rhododendron forest. There is no need to rush. This is a short day with plenty of time to reach camp. Australia Camp is located on a grassy ridge that affords inspiring views of the huge snowy face of Annapurna South and the sacred peak of Machapuchare. At dusk we can appreciate the lights of Pokhara over a thousand metres below our camp.

meals: B,L,D

DAY 4 To Landruk (1640m) - walk approx. 5 hours

After a glorious mountain sunrise we follow the trail through rhododendron forest before continuing through a series of Gurung villages where lifestyles have not changed substantially over the centuries. After lunch we follow a well-marked trail to the prosperous village of Landruk where we camp overnight.

meals: B,L,D

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fast facts

Countries Visited:

Nepal

Visas:

Yes*

Vaccinations:

Please consult a travel vaccination specialist for up to date information

Private Groups:

Private group options are available for this trip*

Singles:

A single supplement is available for this trip*

Leader:

Expert local leader

Advice for people with limited mobility

This trip is not suitable for people with limited mobility.

Brochure Reference:

Himalaya and Indian Subcontinent

*Ask our staff for more information.

DAY 5 Trek to Chhomrong (2170m) 6-7 hours

High on the opposite side of the river, you can explore the village of Ghandruk. From this point, the trail descends along terraced slopes & forest down to the river. After crossing the river at New Bridge, the trail ascends steeply 500m to join with the trail from Ghandruk. From here it is a short walk via a stone staircase to Chhomrong (2170m). Chhomrong is a village which offers spectacular views of Annapurna South & Machapuchare..

meals: B,L,D

DAY 6 Trek to Bamboo (2310m), walk approx 4 hours

Here, the trail descends via a stone staircase, eventually crossing the Chhomrong Khola. We climb high above the Modi Khola, traveling its west bank, and pass through forests of bamboo, rhododendron and oak. This portion of the day's trek is followed by yet another ascent to Kuldighar before finally descending a long, steep, stone staircase to the village of Bamboo.

meals: B,L,D

DAY 7 Trek to Deurali (3200m), walk approx 5/6 hours

Today's destination is Deurali via the impressive limestone Hinku Caves. The path is undulating with well defined paths, including a significant amount of stone steps. We climb steeply on zig-zagging stone paths to eventually reach Deurali and our camp for the night.

meals: B,L,D

DAY 8 Machapuchare Base Camp (3900M), walk approx. 3-4 hours

After walking for 2 to 3 hours, we enter the Annapurna Sanctuary. Finally, we reach Machapuchare Base Camp, a grassy moraine platform within a huge amphitheater enclosed by a solid wall of snow-capped peaks which include Annapurna I, Annapurna III and the impressive fish tail spire of Machapuchare.

meals: B,L,D

DAY 9 Annapurna South Base Camp (4131m), walk approx. 2/3 hours

As you reach Annapurna South Base Camp, witness awesome picturesque landscapes, majestic panoramic view of snow-capped mountainous peaks and varied Himalayan cultural settings tucked beneath the southern slopes of the Annapurna South.

meals: B,L,D

DAY 10 Rest day, side walks

Today is set aside to relax and enjoy the surrounds. If you are feeling fit and acclimatised, you may wish to enjoy some sidewalks around the base camp.

meals: B,L,D

DAY 11 Return to Deurali (3200m), walk approx. 3-4 hours

The return journey is no less spectacular and generally a bit more downhill! The descent offers a different perspective of the mountain scenery we enjoyed on the ascent.

meals: B,L,D

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thoughtful travel

The natural environments that you'll travel through are fragile; the cultures and traditions precious and often the communities we pass through are reliant on tourism. It is our responsibility as visitors to minimise the impact of our presence, protect what is precious and where we can leave a positive impact. Learn how you can do this by downloading the Thoughtful Traveller booklet from our website.

trip grading

Introductory to Moderate

These adventures involve trekking for up to 6 or 7 hours a day at a steady pace. These trips may spend successive days at altitudes not generally exceeding 4,500m and are usually between 10 and 15 days in duration. You will need a good level of fitness and be in good health.

* Suggested preparation: 45 minutes of aerobic type exercise, three to five times a week for the three months leading up to your trip. Hill walking with a pack in variable weather conditions or road cycling is also recommended depending upon the activity you plan to undertake.

adventure travel

By its very nature adventure travel involves an element of the unexpected. In remote and developing countries do not expect standards you are used to at home. Remote areas are sometimes unpredictable and itineraries may be altered. To get the most out of your adventure it is important that you are flexible, positive and eager to take on all the challenges that arise. If you are uncertain about your suitability for this trip we recommend that you speak with your consultant or travel agent.

DAY 12 To Chhomrong (2170m), walk approx. 5-6 hours

We descend a long, stone staircase through bamboo and rhododendrons forests through Kuldighar continuing through beautiful rhododendron forests and down to Sinuwa. From Sinuwa, the trail leads downhill to the Modi Khola, closing the day with a steep climb to Chhomrong.

meals: B,L,D

DAY 13 To Ghandruk (1740m), walk approx. 5-6 hours

From Chhomrong, the trek heads back to Ghandruk – descending gently through forests to Kumbu. We camp overnight with views offering, yet another, picturesque, panoramic view of Annapurna South.

meals: B,L,D

DAY 14 Trek to Nayapul and drive Pokhara, walk approx. 4 hours, drive 2 hours

Trek downhill through villages and terraced fields to Syauli Bazaar, then onto Nayapul before being transported back to Pokhara for an overnight stay.

*It is important to us that this trek follows few of the commercial tea-house trails. Accordingly the route and campsites may be varied at the discretion of the group leader. Note that the walking hours include rest stops, are a guide only and can vary due to trail or weather conditions.

meals: B,L,D

DAY 15 Fly Pokhara to Kathmandu

After breakfast we transfer to the airport for our flight to Kathmandu, a spectacular mountain flight along the face of the Himalaya. On arrival we transfer to the hotel. Afternoon at leisure.

meals: B

DAY 16 Trip concludes Kathmandu.

After breakfast arrangements cease unless further arrangements have been made. Those people travelling by aircraft to further destinations will be transferred to the airport.

meals: B

This itinerary is subject to change with any change in Community regulations as well as Governmental changes and natural circumstances beyond our control.

suggested extensions

- Chitwan Safari
- Kathmandu to Delhi
- Bhutan Retreat
- Ancient City of Lhasa
- Sherpa Everest
- Essence of Bhutan

country information

People from all walks of life are drawn to Nepal to experience the incredible Himalaya. Whether it is witnessing the windswept summits of the world's highest mountains, an early morning visit to a monastery high in the Himalaya, or sipping on a cup of warm Nepali tea with your trekking crew as you watch the sunrise over the mountains, we are sure you will find your adventure in Nepal with World Expeditions inspiring and rewarding. Far from the rush of the modern

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important note

These trip notes represent the most current information for this itinerary, and may supersede any information in the current brochure, including but not limited to the itinerary and price. The itinerary should be seen as a guide only. This itinerary may change at any time due to inclement weather, forces of nature and other circumstances beyond our control.

world, and in the delightful company of our trek crew, you will settle into a daily rhythm in the mountains that is immensely enjoyable. Our dedicated and experienced crew will take excellent care of you, helping you to relax, stay healthy and enjoy the beauty of Nepal. Their warmth and openness will give you an insight into their culture that will add a deeper dimension to your adventure. The camaraderie within your group that gradually develops on the trail, and the unexpected friendships you form with the locals you meet, will be highlights of travelling in this wonderful country.

Nepal's population of around 30 million people practice a blend of Hindu, Buddhist and traditional animist religion. While Nepal is a predominantly rural society, with 90% of the population living outside metropolitan areas, Kathmandu is rapidly urbanizing with a population of around 1 million. With over 100 different ethnic groups and languages, and an unparalleled concentration of World Heritage Sites in the Kathmandu Valley, Nepal offers a fascinating cultural tapestry like few places on earth.

climate

Our trekking season extends from mid-September to May. From early September the monsoonal rains decrease. By mid-October through to December the weather is usually stable with mild to warm days, cold nights and clear views. Daytime temperatures can reach 25 deg C at low altitude and nights can drop to below -5 deg C at higher altitudes. Weather in the Himalayas can be unpredictable at any time of year. It is essential to be prepared for all conditions as freak storms and unseasonal temperatures can occur.

mountain flights

The flights to and from Pokhara are a spectacular journey and a highlight of any trip to Nepal. Unlike the small mountain airstrips that use small aircraft and are often unreliable due to weather delays, this flight is from the major airport of Pokhara to the capital of Kathmandu. The many flights between these two cities use larger aircraft and have frequent schedules. The views of the Annapurna, Manaslu, Ganesh and Langtang ranges are breathtaking. Maximum luggage allowance on flights between Kathmandu and Pokhara is 20kg per person including the weight of your hand luggage (bear in mind though that the maximum weight of your kit bag can only be 15kg during the trek). These limits are strictly adhered to so please pack carefully.

a typical day

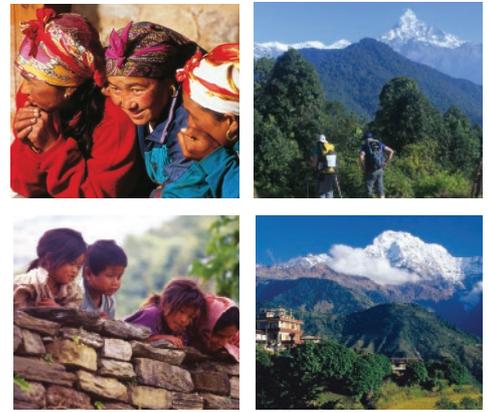
You will be woken with a cup of tea brought to your tent around 6:30am, followed by a small bowl of warm water for washing. Before breakfast you pack your gear into your kit bag which is then taken by the pack-animals or porters and will not be available to you until you reach camp that afternoon. After a wholesome breakfast we are usually on the trail between 7.30 – 8am, depending upon the duration and nature of the day's walk. We will walk for around 3-4 hours and then generally break for lunch for about 1 hour. Some of our staff will walk ahead and select a suitable place to stop. The afternoon walk is generally a little shorter and camp is usually reached by around 3.30 - 4.30 pm. Once we have reached camp and the kitchen is set up, afternoon tea will be prepared. From then until dinner there is time to rest or explore the surrounding area. Dinner is usually served between 6-7 pm. Remember to bring your headlamp and your water bottles to the dining tent so they can be filled with boiling water. Trekking evenings afford some of the best memories of your trek, whether it is talking, playing cards, chatting with the crew or joining in some singing and dancing with the local people. Much of the enjoyment of an expedition is in the journey itself.

wilderness camps

Our wilderness campsites function without any permanent infrastructure. These are traditional expedition style camps which are set up when we arrive. These camps consist of a mess tent,

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kitchen tent, toilet tent and two person tents for sleeping. These sites have been handpicked for their scenic locations and permanent structures are not permitted under the national park rules.

dietary requirements

Provided we are advised in advance of your departure we are able to cater for vegetarian diets and can assist with medically recommended diets (allergies and intolerances). Please ensure you discuss your requirements with us well in advance (at least 1 month prior to your trip) to determine whether we can cater to such dietary requirements on your chosen adventure. Please note that options are likely to be limited in very remote locations or alternatives may be more expensive or unavailable. There may be times when those with special requirements may need to provide their own food. We are unable to guarantee a peanut-free or allergen-free trip, and therefore, we strongly encourage that travellers with life-threatening or severe allergies take all necessary medical precautions to prepare for the possibility of exposure. Passengers must travel with all necessary medications for food allergies and be capable of self-administering these medications.

equipment provided



You will be provided with the use of a World Expeditions trek pack which includes a duffel bag, quality sleeping bag, down or fibre fill jacket and insulated mat (valued at over US\$500). Further, our porters are provided with clothing and boots suitable for the conditions. See more information about our porter initiatives below.

accommodation in Kathmandu



In Kathmandu we stay at the comfortable, well located Radisson Hotel. The Radisson Hotel is situated in Lazimpat, a quiet and central area of Kathmandu. Only a short 12 minute walk to the main tourist district of Thamel, the Radisson acts as a base for World Expeditions travellers. The hotel has a World Expeditions tour desk in the foyer, free WIFI, a pool and bar, gymnasium, restaurants, room service, currency exchange and free luggage storage whilst you are on trip. A hearty buffet breakfast is included with every night stay in the Radisson. The Tranquility Spa, within the Radisson offers massage, reflexology, steam room and sauna, plus many beauty treatments for your enjoyment as a World Expeditions client you will receive a 30% discount off the retail prices on any treatment at the Spa. You can book these services through the Radisson while you are in Nepal.

In Pokhara you will be accommodated at our exclusive permanent campsite. We've created a sanctuary in a quiet backroad just 10 minutes walk from Phewa Lake and the main shopping district. The site is completely secure, spacious and complimented by tall trees and manicured gardens. There's a large central dining room built in keeping with traditional Nepali architecture, a shower and toilet block and plenty of open space for you to stretch out in the gardens and relax. The stand high two person tents comprise an above floor bed fitted with sheets, pillows

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and fly screens. It's a great base camp before and/or after your Annapurna trek with the cacophony of birds adding a special ambience in the late afternoons.

what you carry

In your daypack you will need to carry extra warm clothing (depending on the altitude, location and weather), a rainjacket, water bottle, camera gear, valuables and personal items such as sunscreen, lip-eze etc. Porters carry all group gear and your trek pack.

equipment required

Specialist gear required include walking boots and day pack (a comprehensive gear list is provided in the pre-departure information provided on booking).

acute mountain sickness

When we ascend above 2500 meters our bodies have to acclimatise to the decreasing amount of the oxygen available. To allow our bodies to adjust we have structured our treks so that you ascend slowly, allowing acclimatisation to occur. However, during the acclimatisation process, you may experience some of the following symptoms.

- Headache
- Tiredness
- Disturbed sleep
- Loss of appetite/nausea
- Shortness of breath
- Cough
- Palpitation
- Swelling of the hands and face

Individuals acclimatise at different rates. Your best strategy is to take your time and drink plenty of water. These symptoms may not indicate the onset of A.M.S. and if you experience them it does not necessarily mean that you should not continue. All our group leaders have extensive first aid training and we urge you to communicate with the group leader at all times should you believe you have any symptoms in order that we can effectively monitor your symptoms. The only cure for Acute Mountain Sickness is to descend.

Please note that your group leader has ultimate responsibility and may ask you to descend if symptoms persist.

porter initiatives

Porter Welfare in Nepal: the Himalaya

Porters are an integral part of the World Expeditions philosophy and style of travel. We take our travellers off-the-beaten track, avoiding the congested trails, to experience our often remote tent-based adventures ... this style of trekking is enabled by porters. When we trek, the entire group - travellers, guides and porters alike - are a team who share the same needs for safety in the mountain environment. Our Himalaya porters receive the following:

*A good working wage that is regulated by the Trekking Agents Association of Nepal and the Labour Union of Nepal. We pay per their guidelines, which are unionised.

*We are one of the only trekking companies in Nepal to provide our porters with three meals a day, prepared by our cooks.

*We are one of the only trekking companies in Nepal to provide our porters with lodging or tents, sleeping mats and blankets.

*Porters also receive life insurance and income protection insurance.



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*Access to same first aid care that our travellers receive including emergency helicopter evacuation if required.

*Porters are provided with wind and waterproof jacket and over-trousers, 2 pairs of woollen socks, 2 pair of leather shoes on long treks and 2 pairs of canvas shoes while on short treks, woollen gloves, warm cap, sunglasses, mattress and blanket and tent / lodge.

*Porters are not to carry more than 30kgs.

*The minimum age for a Porter is 16 and the maximum age is 50 years old.

World Expeditions supports the good work of a number of international organisations that operate to ensure the health and education of porters, they are:

International Porter Protection Group >> www.ippg.net

International Mountain Explorers Connection >> www.mountainexplorers.org

Kilimanjaro Guide Scholarship Foundation Inc. >> www.kiliguides.org

vehicles & safety

During the course of your trip, we will use a variety of vehicles, all of which are fit for purpose and the conditions encountered. It should be noted that laws governing transportation safety may differ from those in your home country and whilst wherever possible, vehicles with seatbelts are provided, on occasion some vehicles may not have seat belts fitted.

info nights

World Expeditions invites you to attend our inspiring adventure travel information nights. These special evenings are designed to inform and entertain and are hosted by our most experienced and passionate adventure travellers and mountaineers. Ask our staff for a info night schedule or register on our website - www.worldexpeditions.com. Shows can fill early so it is important to register your attendance so we know to save a seat, or two!

private groups

The adventures featured in our brochures, and on our website, are just a starting point for many of our private group travellers. Working closely with our Groups Department we can organise custom designed itineraries for groups of friends, clubs, charity's, schools or even work colleagues. Our team will assist you with all aspects of your private group adventure from itinerary design to group flights. Contact our team today.

subscribe to our e-newsletter

Never miss an amazing deal, inspirational speaker tour or exciting new trips and cutting edge adventure news! Head to our website to subscribe to our regular e-newsletter.

social networking

Connect with us on social

FACEBOOK: [@worldexpeditions](https://www.facebook.com/worldexpeditions)

Like our page at [facebook.com/worldexpeditions](https://www.facebook.com/worldexpeditions)

INSTAGRAM: [@worldexpeditions](https://www.instagram.com/worldexpeditions)

Follow us at [instagram.com/worldexpeditions](https://www.instagram.com/worldexpeditions)

YOUTUBE: World Expeditions

Subscribe to our channel at [youtube.com/worldexpeditions](https://www.youtube.com/worldexpeditions)

Share the love

Use the hashtag #WorldExpeditions on your best travel photos and videos to be featured.



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trip availability

If this trip seems right for you then we encourage you to call us now to check availability. There are many reasons why you may not be able to join your desired departure and limited space on our small group departures is just one of them. Many of our adventures require us to secure services on your behalf; such as trekking permits, train travel and visa invitation letters. The demand is increasing each year making it difficult to join a trip last minute. To ensure we can assist you onto your adventure of a lifetime we ask that you check your trip availability with our team at your earliest convenience.

how to book

To book a World Expeditions trip, you will need to complete a booking form and pay a non refundable deposit which you can do by using our online booking function for most trips, or if you prefer, download a booking form from the website and return to us by fax, or mail your booking form and deposit to your nearest World Expeditions office or travel agent. We can also help you with any additional arrangements that you require, such as competitive airfares to get you to your destination, stopovers, pre or post trip accommodation or any additional tours that you wish to take in conjunction with the main World Expeditions trip.